



Sexual & Reproductive Health Day · February 12, 2010
Journée de sensibilisation à la santé sexuelle et génésique · Le 12 février 2010

Interviewing Parents about HIV

Note: Some young people may be unable to complete this assignment with their parent(s) or guardian(s). Allow them the opportunity to complete the assignment with another trusted adult such as an aunt, uncle, sports coach, or member of the clergy.

Procedure

1. Distribute the "Reporter Interview" handout as a homework assignment.
2. Ask participants to play the role of a reporter and interview a parent/guardian or an adult they trust (aunt, uncle, neighbour, clergy member) about HIV. By using the interview format, they are able to talk about this sensitive topic in a non-threatening way.
3. Instruct participants to follow the directions on the interview sheet: ask the six questions, and write down the responses in the spaces provided. After the interview, the participants are to write a summary report of what they learned from the interview.
4. Ask participants to turn in the interview sheets at the start of the next class/session.

Follow Up

- After obtaining permission and deleting names, combine the one-page write-ups, about what participants learned from the interviews, and make a booklet to give to participants.
- In the follow-up class/session, discuss the interview process. How did they feel asking the interview questions? How did their adult support person react to being asked the questions? Did they talk with this person afterward about what it was like to be an interviewee?
- Conclude by pointing out that talking about sexual health issues can be a difficult thing to do. It is important that we all obtain and share accurate information about sexual health, and in doing so, identify people we can go to for support and assistance.



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Handout

Interviewing Parents about HIV
Reporter Interview

Date:

Reporter's Name:

Age:

Time of interview:

Interviewee:

"Hi, my name is _____ and I'm a Reporter. My assignment is to interview adults about HIV. I would like your cooperation in answering a few questions. The interview will not take long to complete. If you prefer not to answer a particular question that is all right. Let's begin..."

1. When did you first hear about HIV/AIDS?

2. When you were my age:

a) Were there diseases like HIV/AIDS? Can you tell me what they were?

b) Did your parents talk with you about sex?

If yes, what did they say?

If no, what do you wish they had told you?

3. If HIV/AIDS were around when you were my age, what would your parents have told you about safer sex?

4. Do you worry about HIV/AIDS? How?

a) Would you feel comfortable around someone living with HIV/AIDS?

b) Do you know anyone with HIV/AIDS? How do you know this person?

- c) Have you helped someone with HIV/AIDS? How?
5. How has the HIV/AIDS epidemic affected you?
6. What do you think the parents' role or responsibility is in helping their children to prevent getting HIV?

Summary Report:

Write a paragraph summarizing what you learned from this interview.

Adapted from Beyond the Basics: Sourcebook for Sexual and Reproductive Health



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