

2006 Annual Report

Message from the President and Executive Director

Canadian Federation for Sexual Health (CFSH) has a proud 40-year history of leadership in advancing sexual and reproductive health and rights. Our many achievements this year, including a stronger involvement of youth in the Federation, has continued that tradition and has positioned us well to strengthen our role and influence in the future.

Last year, when we asked youth from across the country, they told us that their 3 major concerns regarding youth and sexual and reproductive health are: ACCESS, RIGHTS and EDUCATION.

These same youth have joined up with other youth, to form Canadian Youth for Choice (CYC), the first pro-choice national youth coalition in Canada, advocating for sexual and reproductive rights. With incredible innovation, energy and excitement, together we have created a "Know Your Rights" campaign to educate and inform youth and other Canadians about youth sexual and reproductive health rights and to work with health providers, educators and decision-makers to promote improved access, rights and education for youth.

The creation of the first pro-choice youth coalition in Canada was not the only "first" for us this year. It has been a year of many new achievements.

Awards and Scholarships

- **John and Lois Lamont Graduate Scholarship**
Congratulations to Erin Brennand
- **Phyllis P. Harris Scholarship**
Congratulations to Nathalie Saad
- **Dr. Henry Morgentaler Future Choice Scholarship**
Congratulations to Dustin Cotescu, Mei-ling Wiedmyer and Amita Raha
- **Janssen-Ortho Volunteer of the Year Award** winner is Betty Hunt, a volunteer in the field of sexual and reproductive rights for over 30 years, the time and devotion that Betty has contributed to CFSH over the years has been invaluable.

We changed our name from Planned Parenthood Federation of Canada, to Canadian Federation for Sexual Health, to more accurately reflect our mission and to speak to new generations.

For the first time in our history, we have expanded our membership to invite individuals to become supporting members. Together with our 22 member organizations providing high quality, direct sexual and reproductive health services across the Canada, the strength of, and support for, our work continues to grow.

We awarded the first Dr. Morgentaler Future Choice Scholarships to provide financial assistance to 3 medical students in Canada, to take training in abortion care. We won the prestigious International Planned Parenthood Federation (Western Hemisphere Region) Award for Outstanding Program to Increase Access to Safe Abortion.

We would like to thank the dedicated staff, Board, volunteers, members, sponsors, donors, Canadian Youth for Choice, and all of our supporters for their hard work and determination to advance sexual and reproductive health and rights in Canada and abroad, as demonstrated by all of our achievements of this past year.

CFSH would like to thank the following agencies for their support:

 Canadian International Development Agency Agence canadienne de développement internationale

 Public Health Agency of Canada Agence de santé publique du Canada

Ontario Women's Health Council

International Programs

Pakistan – Together with the Family Planning Association of Pakistan, CFSH developed and implemented an effective and efficient model for providing sexual and reproductive health services, as well as raising awareness, in rural areas and urban slums. The project provided critical health services to over 250,000 people, raised the awareness of over 210,000 individuals, trained nearly 8,000 professional staff in sexual and reproductive health service provision and rights and distributed over 50,000 contraceptives.

Advocacy

HIV/AIDS –CFSH has participated actively with Canadian organizations and individuals working to strengthen HIV/AIDS policy and services in Canada, particularly related to women. CFSH promotes the integration of HIV/AIDS and sexual and reproductive health services as an effective model for improving prevention, education and treatment services.

Awareness Campaigns



ECP –To promote the new status of the Emergency Contraception Pill (ECP)- now available without prescription across Canada, CFSH launched the “Uh, Oh” Public Awareness Campaign. We have distributed over 130,000 of our innovative colourful postcards and posters to hundreds of health clinics, campuses and youth-friendly locations across Canada.

Canadian Youth For Choice



Canadian Youth for Choice (CYC) is a coalition of pro-choice youth advocates working together to educate young Canadians about their sexual and reproductive health and rights. Since its inception, CYC has been an active force in the initiation of several advocacy campaigns at the National level. The launch of the Know Your Rights! Campaign will enable CYC to develop more partnerships across the country, expand its membership and empower more young Canadians to become involved in sexual and reproductive health issues that impact their lives.

Expertise

www.canadian-health-network.ca

www.reseau-canadien-sante.ca

CHN – CFSH is proud to be the Sexuality & Reproductive Health Affiliate of the Canadian Health Network, a national, bilingual health promotion website at [www.canadian-](http://www.canadian-health-network.ca)

health-network.ca. The CHN’s goal is to help Canadians find the information they’re looking for on how to stay healthy and prevent disease.

Publications



CFSH’s updated Beyond the Basics Sourcebook – This extensive manual contains lesson plans for different age groups on a wide range of sexual health education topics including values, puberty and reproductive health, self esteem, sexual identity, relationships, communication and decision-making, contraception and safer sex and STIs and HIV. Beyond the Basics is the ideal resource for any educator

teaching sexual and reproductive health education.

Education and Training



SRH Day 2006 – February 12, 2006 was the date for Canada’s fourth Sexual and Reproductive Health Day that saw events happen across through country facilitated through the theme-driven resource kit, posters, stickers and other promotional items developed by CFSH. Canadians were encouraged to use their voices and talk about every day sexual health issues by opening up the dialogue on sexuality, keeping themselves informed about sexual health issues and passing on their knowledge to others and ultimately creating a sexually healthy new generation.

SUMMARY OF FINANCIAL ACTIVITY

Planned Parenthood Federation of Canada

Balance Sheet – March 31, 2006

ASSETS

Current Assets

Cash	\$476,744
Investments	–
Accounts Receivable	44,286
Prepaid Expenses	6,899
	527,929

Property and Equipment

16,543

\$544,472

Current Liabilities

Accounts Payable & Accrued Liabilities	\$58,631
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Deferred Contributions

357,173

Net Assets

Unrestricted	2,125
Internally restricted for contingencies	110,000
Invested in property and equipment	16,543
	128,668
	\$544,472

