

2009 – 2010 Annual Report

President's Message

The 2009 - 2010 fiscal year again presented many challenges and transitions for the National Office of CFSH. We are no longer receiving any government funding and are dependent on, and very appreciative of, the generosity of our donors. Our funding challenge has resulted in an even smaller staff at the National Office working to maintain the core services of the Federation and to nurture the network of member organizations.

Across Canada, CFSH plays an important role in sharing information with our member organizations, providing them with tools, resources and information they can use to respond to issues that arise in the media and in their communities.

With valuable input from member organizations, we have undertaken a strategic planning process to focus on how to streamline and deliver the most effective services for member organizations with a very limited budget. We identified the need to undertake a sex positive service provider campaign, to identify and support service providers who can talk respectfully and non-judgmentally to **all** persons at every stage of their sexual and reproductive lives, regardless of their gender, geographical location, or other status, with particular attention to communities where services are not widely available.

During the lead up to the G8/G20 meetings that were held in Canada this year, CFSH worked closely with other like minded organizations in Canada and around the world, to educate the public on the necessity of including a comprehensive range of sexual and reproductive health services, including family planning and safe abortion, as an integral part of efforts to reduce the appallingly high rates of women who die due to pregnancy related complications and childbirth in developing countries.

Working towards our mission of being *A National network that takes leadership in advancing sexual health and rights in Canada and abroad* we continue to draw on the experiences of our partners and members nationally, provincially and locally. We are committed to continue nurturing our partnerships and alliances as we work to ensure that sexual and reproductive health services are accessible to all in Canada and that sexual rights are well respected in Canada.



John Lamont, MD
Board President

Resources and Education

The Canadian Federation for Sexual Health (CFSH) coordinated the 8th annual Sexual and Reproductive Health Day (SRH Day) in 2010, which is celebrated February 12 of each year. SRH Day's goal is to generate awareness of sexual and reproductive health issues and services to Canadians, to provide consumers with educational materials about SRH issues, and to identify trustworthy sources of information about sexual and reproductive health in Canada in both official languages.

The Public Health Agency of Canada collaborated with CFSH on SRH Day. CFSH developed and printed educational materials directed towards the general public to increase awareness relating to sexual and reproductive health issues in Canada (specifically, Chlamydia). (Continued on next page)

New Member Organizations

CFSH was pleased to welcome the following new member organizations in 2009-2010:

- Youth Centre, Ajax, Ontario
- Klinik Community Health Centre, Winnipeg, MB

SRH Day (Cont)

The theme of 2010's SRH Day is ***Chlamydia. Do You Have It? Can You Tell Who Does***. There is a continuing need to address this sexually transmitted infection (STI) across the country. Chlamydia is a sexually transmitted bacterial infection that is costly to the individual, and to Canada's health care system. Reported rates of chlamydia in Canada have increased by nearly 80% in the past 10 years. Most of all chlamydia cases were in women under 24 years of age. If left untreated, chlamydia can result in pelvic inflammatory disease and infertility. Chlamydia is preventable, and easily treated; testing is done by a simple urine test, or swab test.

Key Messages About Chlamydia for SRH Day:

- Chlamydia may or may not have symptoms. Often, individuals don't know that they have it
- Chlamydia testing and treatment is simple and easy
- Chlamydia is preventable using safer sex practices such as using a condom or dental dam.

Scholarships

John and Lois Lamont Graduate Scholarship

The John and Lois Lamont Graduate Scholarship is awarded to graduates of a recognized university who possess an Honours degree or its equivalent and intend to pursue a higher degree in the field of sexual and reproductive health.

This year's recipient was Elicia Loiselle. Elicia Loiselle is a Master of Arts candidate in the School of Child and Youth Care at the University of Victoria. As a pro-choice, feminist activist, her academic career is informed by the extensive work she has done over the past 8 years in the fields of sexual health, women's rights, queer community development, and youth work. Her thesis research engaged girls from an alternative education program as co-researchers in a Participatory Action Research project that

explored the girls' schooling while simultaneously unpacking their experiences of sexualization and sexual agency. Elicia is currently co-authoring a chapter in a new Child and Youth Care volume that explores marginalized girls' sexuality via the structural barriers they negotiate.

Phyllis Harris Undergraduate Scholarship

The Phyllis Harris scholarship is endowed in the memory of Phyllis P. Harris. For over thirty years Phyllis Harris was an inspiring presence in the world of family planning, volunteering both her time and services in Edmonton and throughout Canada. The scholarship is awarded to a volunteer or individual currently enrolled in undergraduate studies in the general field of human sexuality, family planning or population at a Canadian University.

This year's recipient was Ayden Schiem. Ayden is pursuing an undergraduate degree in Sociology, focusing on emerging sexual health issues for trans and gay men, through a social determinants of health framework. Ayden has been involved as a volunteer with a number of sexual health education, research, and outreach programs, including Teens Educating and Confronting Homophobia program through Planned Parenthood Toronto and the Ontario Gay Men's Sexual Health Alliance. Ayden plans to complete his undergraduate degree and continue his academic pursuits through both an MA and a PhD. He is committed to continuing to promote sexual health and choice for marginalized communities through engaged scholarship, connecting community-based sexual health work with academic research.

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International Planned Parenthood Federation

CFSH is dedicated to speaking out for sexual and reproductive rights, both around the globe and here at home. We are proud to be the Canadian accredited member of the International Planned Parenthood Federation (IPPF).

IPPF works in over 170 countries on fundamental issues for women and families, including access to contraceptives and maternal mortality.

As a member organization of IPPF, CFSH is part of a global network of national organizations working with and for communities and individuals, providing and advocating for sexual and reproductive health and rights for all. As a member of IPPF, we are able to share IPPF resources, including lessons learned and best practices, with our member organizations in Canada.

CFSH is very proud to be a part of this important and effective international movement and is pleased to include some information about the work of IPPF.



The International Planned Parenthood Federation was formed in 1952 at the Third International Conference on Planned Parenthood in Bombay, India.

IPPF believes that sexual and reproductive rights should be internationally recognized as human rights and therefore guaranteed for everyone. Good sexual and reproductive health, and the ability of all people to plan the timing and the number of children they have, are basic human rights. These are also key elements in the reduction of global poverty and the achievement of the Millennium Development Goals.

IPPF encourages individuals, women in particular, to take control of their reproductive lives. IPPF promotes equality between men and women, aiming to eliminate gender biases, especially those that threaten the well-being of women and girls.

Above all IPPF promotes choices.

Annually, approximately 36 million visits are made to over 58,000 IPPF facilities worldwide. IPPF is one of the world's largest organizations, with more service delivery points than McDonald's.

But much remains to be done. International efforts need revitalizing and accelerating. Thirty-nine women die in pregnancy or childbirth every day. This adds up to 340,000 women per year. Almost all of these women die in developing countries of preventable or treatable complications, complications that rarely kill in rich countries.

There is a growing body of evidence that, when adequately funded, comprehensive family planning, including access to safe abortion services, saves lives.

Advances in sexual and reproductive health and rights have always faced challenges from conservative political and religious forces, and this is no different today. IPPF works in partnership with like-minded organizations, galvanizing support to confront those who want to take away these rights.

Staff in 2009 – 2010

Jolanta Scott-Parker,
Executive Director
Catherine Slatford,
Resource Manager
Jeanine Ewert,
Programs Consultant*
Kelli Dilworth,
Project Officer**

**Resigned*

***Completed Contract*

Summary of Financial Information

Year Ended March 31, 2010

Statement of Financial Position as at March 31, 2010	
ASSETS	
CURRENT ASSETS	
Cash	\$ 171,914
Accounts Receivable	10,312
Prepaid Expenses	1,474
	<u>183,700</u>
PROPERTY AND EQUIPMENT	<u>4,757</u>
	<u>\$ 188,457</u>
CURRENT LIABILITIES	
Accounts Payable & Accrued Liabilities	\$ 12,950
DEFERRED CONTRIBUTIONS	<u>80,146</u>
NET ASSETS	
Unrestricted	49,104
Internally restricted for contingencies	41,500
Invested in property and equipment	4,757
	<u>95,361</u>
	<u>\$ 188,457</u>

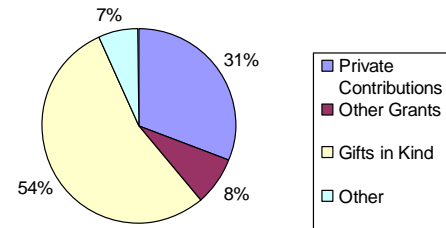
2009 – 2010 Board Members

John Lamont,
President
Kathy Watkins,
Vice President
Martin Singh,
Treasurer
Andrea Cohen,
Past President
Sandra Byers,
Member at Large
Sheila Braidek,
Member at Large
Laura Wershler,
Member at Large
Mark Hanlon,
Youth Member
Erica Doty,
Youth Member

Revenue - \$689,586

Private Contributions	31%
Other Grants	8%
Gifts in Kind	54%
Other	<u>7%</u>

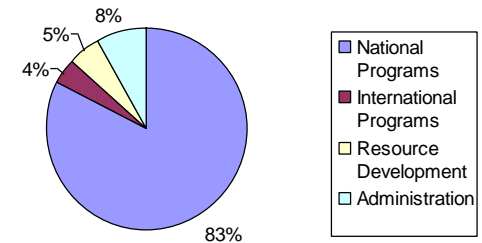
100%



Expenditures - \$677,792

National Programs	83%
International Programs	4%
Resource development	5%
Administration	<u>8%</u>

100%



430 – 1 Nicholas Street
Ottawa, Ontario, K1N 7B7
613-241-4474 www.cfsh.ca Charitable Registration # 10784-8319-RR0001