



# 2008-2009 Annual Report

## Resources and Education

Once again this year, CFSH produced a very successful Sexual and Reproductive Health Awareness day toolkit and poster campaign [60's woman image, right, from poster campaign]. The campaign leveraged the 40th anniversary of the legalization of birth control in Canada and used the anniversary as an opportunity to encourage young people to exercise their rights—and protect themselves. Historically the Sexual and Reproductive Health day materials are accessed by a diversity of service providers including public health professionals, educators and community workers.



In an ongoing effort to improve our web presence and make our web information accessible and available we were able to adapt the navigation of our new website in response to comments and feedback that we received. The new navigation is easier to use and we believe is organized a little more intuitively.

## President's Message

The 2008-2009 fiscal year represented a year of many challenges and transitions for the National Office of CFSH. We have continued to feel the squeeze of increasingly restrictive Federal project funding for both National and International programs. The same squeeze has resulted in an increasingly small staff at the National Office working to maintain the core services of the Federation and to nurture the network of member organizations.

Nevertheless, we are very pleased to have had the opportunity to welcome new member organizations in 2008-2009 including our first AIDS service organization. The year has further provided the opportunity to strengthen our organizational relationships with peer and partner organizations.

The changes and transition at CFSH have provided the opportunity to reflect, review and begin redefining our purpose and our way forward. In a teleconference with member organizations in March of 2009 there was a consensus among participants that there continues to be a very important role for CFSH to serve as a National voice for sexual and reproductive health and rights, to monitor developments in the area of sexual and reproductive health and to provide leadership to a network of member organizations across Canada who bring tremendous diversity of experiences, expertise and wisdom.

As we think about how we continue to work toward our mission of being *a national network that takes leadership in advancing sexual health and rights in Canada and abroad* we acknowledge that we must draw on the experiences of our partners and members nationally, provincially and locally. We are committed to continue nurturing our partnerships and alliances as we work to ensure that sexual and reproductive health and rights are well represented in Canada.

Signed,  
John Lamont, MD

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## Resources - cont'd

Additionally, we were very pleased to launch the French side of our website in February of 2009. All of the content on our website is now available in both official languages, and we are committed to maintaining this as our site grows and evolves.

Our Resource materials available for purchase have continued to be very popular with lots of requests for the *Beyond the Basics Sourcebook*, the *Finding our Way Aboriginal Sourcebook*, and the *Emergency Contraception Pill Awareness Campaign* materials. All of these resources, and others, are available for order through our website.

CFSH is pleased to be able to collaborate with educators, advocates and service providers across Canada to continue the effort to provide accurate and comprehensive sexuality information and education. We had several such opportunities during 2008-2009 including the opportunity to promote the new Guidelines for Sexual and Reproductive Health Information, to attend the Sexual Health Working Group of the Joint Consortium for School Health, and to comment on reports and publications in the field.

## Scholarships

In 2008-2009 CFSH was pleased to award two scholarships to support the post-secondary education of students committed to pursuing education and work in the field of sexual and reproductive health.

### John and Lois Lamont Graduate Scholarship

The 2008-2009 winner of the John and Lois Lamont Scholarship was Stefani Burosch. Stefani is pursuing a Master of Social Work degree at Wilfred Laurier University. Her thesis study will explore new Canadian women's experiences learning about sexual health in Canada using a community-based participatory action approach to research. Stefani is dedicated to promoting a society in which all individual's can experience and express their sexuality in a manner that is consistent with their values and beliefs.

### Phyllis Harris Undergraduate Scholarship

The winner of the Phyllis Harris Scholarship in 2008-2009 was Jane Haywood-Farmer. Jane is pursuing a nursing degree at the University of Toronto. Jane is committed to the delivery of sexual health education and the promotion of healthy sexuality as well as the freedom of sexual expression and reproductive choice as a fundamental human right for people of all ages and sexual identities.

## Janssen Ortho Volunteer Award

*For many years, CFSH has recognized the dedication and commitment of a volunteer in a member organization who has made a significant contribution to sexual and reproductive health through their volunteerism. This award was made possible with generous support from Janssen-Ortho.*

The winner of the 2008 Janssen-Ortho Volunteer Award was Sally Austin from the Sexual Health Centre for Cumberland County. Sally has been a dedicated volunteer with SHCCC for almost three decades. She has been involved in every aspect of the functioning of the organization including the Board of Directors, innovative program delivery, fundraising and staff supports. She has demonstrated leadership and dedication and a willingness to take on any task – no matter how big or small. Her commitment to SHCCC and sexual and reproductive health and rights in Canada embodies the true spirit of volunteerism.

## Public Awareness Activities

In the fall of 2008 Canadians went to the polls once again. In an effort to ensure that voters had the tools to question candidates about issues related to sexual and reproductive health, CFSH once again partnered with like minded organizations to produce an Election Toolkit. The toolkit was distributed to member organizations, and made available to the public on our website. It provided background information on a number of different topics as well as specific questions for candidates, in order to assist voters in evaluating candidate's positions on issues related to sexual and reproductive health.

Prior to the election, CFSH was pleased to collaborate with several other reproductive health organizations in raising awareness about the proposed legislation, Bill C-484 (Victims of Unborn Crime). The legislation proposed to provide steeper penalties for crimes perpetrated against pregnant women. However, legal and medical experts were concerned that the language in the legislation could have been interpreted to limit access to abortion in Canada.

## Office Space

Due to the reduction in our operational budget, and the subsequent reduction in the size of our team, we found ourselves with more office space than we required. In February of 2009 we were very pleased to welcome our new co-tenants, Nobel Women's Initiative and Ecology Ottawa. It is a tremendous pleasure to work alongside other women working to better the world in a diversity of ways, and the opportunity that it affords us to stay in our current workspace has been tremendous.

## New Member Organizations

CFSH was pleased to welcome a number of new member organizations in 2008-2009 including:

- York Community Services
- Norwest Community Health Services
- Pinecrest Queensway Community Health Centre
- Women's Health in Women's Hands
- AIDS PEI
- Vancouver Island Women's Clinic (Associate)

## International Planned Parenthood Federation

CFSH is proud to be an accredited member of the International Planned Parenthood Federation. Through our affiliation with IPPF we are connected to a broad network of over 180 organizations working around the world to improve the sexual and reproductive health of women, young people and families.

Canada has an important role to play in contributing to the improvement of sexual and reproductive health and rights around the world. Canada is a donor country and as such we do not receive any core funding from IPPF. However, the Canadian Government does contribute to the work of IPPF through a funding grant through the Canadian International Development Agency.

We are very proud to be part of the International movement of IPPF and are pleased to include some information herein about their work.



Good sexual and reproductive health, and the freedom for people to plan the timing and size of their families, are basic human rights. They are also recognized as being key elements in the reduction of global poverty. Yet so many people are still unable to access the services they need and want.

The International Planned Parenthood Federation (IPPF) was founded over fifty years ago by brave and angry activists. Today volunteer leadership continues to give our movement its enduring strength and unique spirit. From community-based educators to health experts and campaigners, volunteers keep our organization alive and relevant to those we serve.

Now IPPF is a global movement of organizations committed to relieving the burden of sexual and reproductive ill health, by providing high quality information and services, and advocating for much needed change. Our network is active in 180 countries, working with communities and individuals. Beyond their medical impact, our programs also have far-reaching social, economic and psychological benefits for women, men, young people, families and nations.

We take a positive view of sexuality, recognizing it as a natural and precious aspect of life, and our actions are driven by the needs and rights of the people and communities we work with. Traditionally we have been known for family planning but now we are just as well known for our work in maternal and child health, sexuality education and our work to reduce the spread of HIV and STIs.

In 2008, IPPF served over 30 million people. Eighty five per cent of our clients in low human development index countries are poor, marginalized or socially excluded due to their gender, age, marital status, lifestyle and location. For this reason we strive to give a voice to the disenfranchised, through our advocacy efforts to increase public, political and financial support for sexual and reproductive health at national and international level.

Our longstanding relationship with the Canadian Federation for Sexual Health is built on cooperation and shared learning in a number of areas. We have been pleased to collaborate with them on a number of initiatives and we continue to work with them to ensure the sustainability of their work, and their ability to continue working with sister organizations in the Federation to improve the lives of women and young people around the world.

*I have a vision of a day when every child that is born is welcome, when men and women are equal, and sexuality is an expression of intimacy, pleasure and tenderness. Elise Ottesen-Jensen, IPPF founder, 1933.*

# Summary of Financial Activity

Canadian Federation of Sexual Health

Balance Sheet as of March 31, 2009

## ASSETS

### CURRENT ASSETS

Cash	\$147,586
Accounts Receivable	22,243
Prepaid Expenses	2,486
	<u>172,315</u>

### PROPERTY AND EQUIPMENT

6,497

**\$178,812**

### CURRENT LIABILITIES

Accounts Payable & Accrued Liabilities	<u>\$12,673</u>
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### DEFERRED CONTRIBUTIONS

82,572

### NET ASSETS

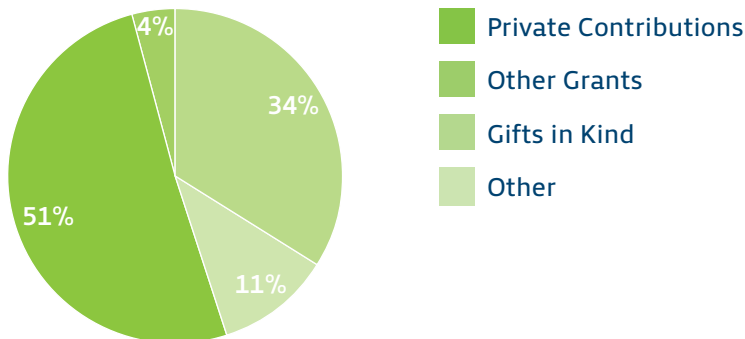
Unrestricted	35,570
Internally restricted for contingencies	41,500
Invested in property and equipment	6,497
	<u>83,567</u>

**\$178,812**

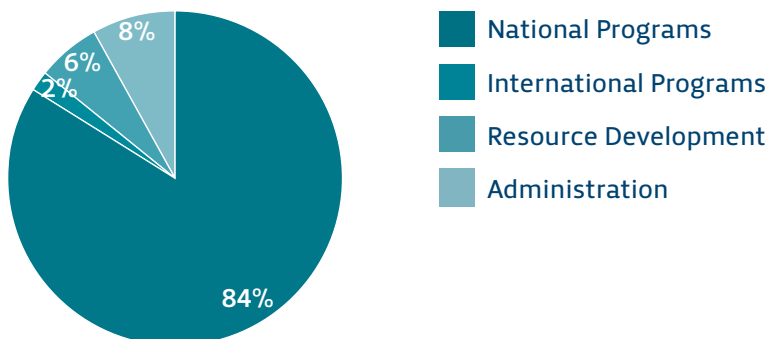
## Financial Highlights

Year ended March 31, 2009

Revenue: \$682,611



Expenditures: \$815,153



## Staff in 2008-2009

Jolanta Scott-Parker,  
Executive Director

Cathie Slatford,  
Resource and Finance Coordinator

Jeanine Ewert,  
Director of International Programs \*\*

Kelli Dilworth,  
Director of National Programs \*\*

Tracey Gainforth,  
Resource Development Coordinator \*

Catherine Macnab,  
Project Officer \*\*\*

Jennifer Long,  
Youth Strategy Coordinator \*\*\*

\* Resigned

\*\* On Maternity Leave

\*\*\* Completed Contract

## 2008-2009 Board Members

John Lamont,  
President

Kathy Watkins,  
Vice President

Ross Blanch,  
Treasurer

Andrea Cohen,  
Past-President

Konia Trouton,  
Member at Large

Sandra Byers,  
Member at Large

Lorraine Ouimet,  
Member at Large

Martin Singh,  
Member at Large

Amanda Hamm,  
Youth Member

Mark Hanlon,  
Youth Member

Canadian Federation  
for Sexual Health



Fédération canadienne  
pour la santé sexuelle

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Glenn Crawford,  
Jack Of All Trades Design, Ottawa