

Canadian Federation  
for Sexual Health



Fédération canadienne  
pour la santé sexuelle

## From choice, a world of possibilities

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### *New Website*

Early in 2008, CFSH launched a new website with a new look and new and improved capacity. Work is ongoing to maximize the new site as a national source of accurate up-to-date information and a mechanism of engagement and facilitation.

### *New Board Structure – approved November 2007*

The Federation by-laws were amended in 2007 to reflect a new, more streamline Board composition. Instead of regional representation, Board members will now be selected based in part on their geographical diversity but more specifically based on their professional skills and experiences. The full board will be comprised of 10 directors, 2 of whom will be under the age of 25 and selected by Canadian Youth for Choice.

### *Sexual Health in Canada: Baseline 2007*

With support from IPPF / WHR, CFSH published the first ever comprehensive, national statistical portrait of Canadian's sexual and reproductive health. The report positions CFSH as a reliable and dependable source of information. CFSH will seek funding to produce follow up reports every 2 or 3 years. The report is available on our website at [www.cfsh.ca](http://www.cfsh.ca).

### **Supporters**

- *Public Health Agency of Canada*
- *Canadian International Development Agency*
- *International Planned Parenthood Federation/Western Hemisphere Region*

## Presidents Message

This has been a year of transition for the Canadian Federation for Sexual Health. We have completed several long term projects and find ourselves facing both the challenge and opportunity that comes with a new focus, new team members, and a new context.

Highlights of the last year include the very successful *Know your Rights Tour* which was conducted by Canadian Youth for Choice. Further CFSH produced a document entitled *Sexual Health in Canada, Baseline 2007*. This document is the first of its kind to provide a summary of all sexual health data available, and will serve as an important tool for the Federation in the future. It is hoped that in years to come we will repeat the project. I invite you to review some of our other project highlights in the core of this report.

In the Spring of 2007, CFSH approved a new strategic plan to carry us through until 2011. The focus of our work will continue to be on improving access to sexual and reproductive health information and services, education, abortion and contraception with a particular focus on youth, as well as to support youth to develop a movement focused on promoting and protecting sexual and reproductive rights as well as to ensure the long-term viability of CFSH.

There were many staff departures this year. Some of these were permanent due to the loss of funding for the Canadian Health Network project, which represented a significant portion of work being conducted by CFSH. Other staff changes were simply part of a natural change process, and have presented

opportunities for new staff to join the organization. While change does bring some challenges, new staff also bring with them new ideas and new energy.

At the end of the 2007/08 fiscal year, we bid farewell to our Executive Director, Linda Capperauld. Linda led CFSH successfully through many major turning points in our organizational history, including our governance review and member consultation process in the early part of the decade, our name change and re-branding activities and most recently our IPPF accreditation process. She was a champion for youth engagement and was instrumental in the creation of Canadian Youth for Choice. We would like to extend our gratitude to her for years of dedicated service, and wish her well with the next stage in her career.

With no remaining government funding for CFSH, and with an increasingly competitive climate for private funds, it is clear that CFSH will need to be collaborative and innovative if it is to continue to be a viable national network of organizations. We look forward to embracing these new challenges, under the direction of Jolanta Scott-Parker, CFSH's new Executive Director.

John Lamont, MD  
President

### **Canadian Health Network**

Since 2000, CFSH served as the sexual and reproductive health affiliate for the Canadian Health Network (CHN), providing expert advice and responding directly to consumer inquiries. Through the network, CFSH ensured that Canadians had access to unbiased, accurate, and timely Canadian resources relating to all aspects of sexual and reproductive health. The CHN provided CFSH an opportunity to work with many partner organizations who offered their unique expertise as network contributors, including many CFSH members. The closure of CHN represents a tremendous loss for CFSH. It also represents a tremendous loss for Canadians because it leaves a substantial gap in accurate reliable online sexual health information nationally.

### **Age of Consent Legislation**

CFSH was one of the first and only organizations to analyze and recognize the potential negative impacts of Bill C-22 (*Age of Protection*) on youth access to sexual and reproductive health services and information. Board members appeared before several parliamentary review committees to express our opposition to this bill. However, despite our opposition, the legislation did eventually pass, not as Bill C-22, but buried in an omnibus justice Bill C-2 (*Tackling Violent Crime*). CFSH is now working with partner organizations to educate health care providers, parents, youth, teachers and others about its implications.

### **Resource Sales**

In the Spring of 2008, Nova Scotia purchased 2400 copies of *Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education* which affirms both the quality of this product and its potential for revenue generation. The sale provided a much needed influx of financial resources, upon which we will be relying heavily in the 2008/09 fiscal year. Efforts will be made to build the potential for the sale of this and other resources.

### **International Activities**

2008 marked the completion of three projects internationally.

Since 2005 CFSH has worked with Bem-Estar Familiar no Brazil (BEMFAM) to implement the *Integração Proescola* project in three cities of the Northeast region of Brazil. The Proescola project aimed to improve the sexual and reproductive health of adolescents and youth in selected communities and schools in Natal, Recife and João Pessoa. Key strategies included capacity building, awareness raising and education, peer training, teacher training and increasing access to youth-friendly services.

Also over the last three years, CFSH worked with Family Planning Association of Jamaica (FAMPLAN) to implement the *Communities Youth at Risk*, which aimed to improve the sexual and reproductive health of adolescents, youth and women in selected communities in St. Ann by reducing the incidence of unintended pregnancy and STIs/HIV/AIDS among at risk adolescents, youth and women.

In Belize, CFSH partnered with the Belize Family Planning Association (BFLA) over three years to conduct a *Youth Empowerment: Taking Charge*. The project worked with the communities of Belize City, Dangriga and Orange Walk to achieve the goal of reducing the incidence of unintended pregnancy, STIs and HIV/AIDS, and improving the personal development potential of young people.

### **International Youth Exchange through IPPF/WHR**

In the summer of 2007, CFSH member organizations participated in a youth exchange program sponsored by IPPF/WHR. Planned Parenthood Edmonton and Planned Parenthood Newfoundland each hosted a young person as part of this exchange. In the second phase of the project, it is expected that two Canadian youth will travel to partner organizations to experience the work of IPPF member associations in other countries.

### **Study Tour**

In collaboration with Action Canada for Population and Development (ACPD) and the European Parliamentary Forum on Population and Development (EPF), CFSH conducted a joint Canadian and European Parliamentarian's study tour to Ghana from July 21 – 28, 2007. The objective of this study tour was to raise awareness and to stimulate new thinking among Parliamentarians about efforts they could undertake in support of SRH in the development policies of their own countries. The Canadian delegation was made up of Senator Raynell Andreychuk (Conservative Party of Canada), Dr. Keith Martin (Liberal Party of Canada), Linda Capperault (Canadian Federation for Sexual Health), and Dina Epale (ACPD).

### **Know Your Rights Tour**

In the summer of 2007, Canadian Youth for Choice (CYC) embarked on the "Know Your Rights Campaign". Five youth members and a project coordinator traveled across the country to raise youth awareness of sexual and reproductive health and rights. The tour promoted CYC's *Charter of Youth's Sexual Health and Reproductive Rights*. CYC gained support for the *Charter* from 500 youth; they increased CYC membership, set-up events, worked with partner associations across Canada, met with Members of Parliament and increased youth awareness about their rights. The majority of MPs were very supportive of CYC's efforts and two MPs offered to present the *Charter* as private members bills. The *Charter* was subsequently distributed across Canada during CFSH's Sexual and Reproductive Health Day activities.

### Summary of Financial Activity

Balance Sheet- March 31 2008

#### CURRENT ASSETS

Cash	\$ 122,543
Accounts Receivable	186,519
Prepaid Expenses	2,960
	312,022

#### PROPERTY AND EQUIPMENT

8,661

**\$ 320,683**

#### CURRENT LIABILITIES

Accounts Payable & Accrued Liabilities	\$ 34,785
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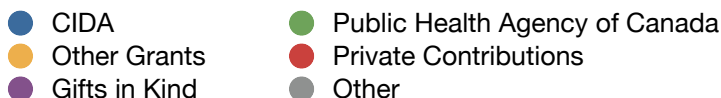
#### DEFERRED CONTRIBUTIONS

69,789

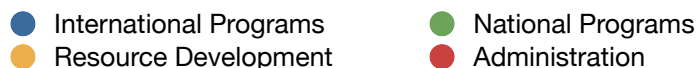
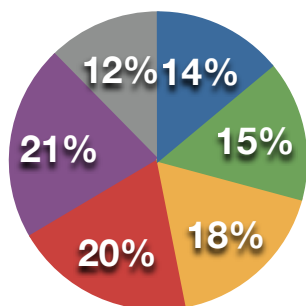
#### NET ASSETS

Unrestricted	165,948
Internally restricted for contingencies	41,500
Invested in property and equipment	8,661
	216,109

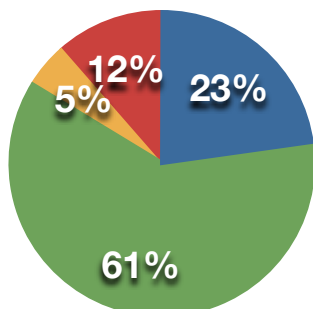
**\$ 320,683**



#### REVENUE



#### EXPENDITURES



#### Staff\*

\* NB. The below staff list represents changes in the 2007-08 fiscal year. The new Executive Director noted in the President's message did not commence until summer 2008)

- Linda Capperauld,**  
*Executive Director*
- Kelli Dilworth,**  
*Director National Programs*
- Jeanine Ewert,**  
*Director of International Programs<sup>1</sup>*
- Cathie Slatford,**  
*Finance and Office Administrator*
- Heather Wilson,**  
*Resource Development Coordinator<sup>2</sup>*
- Tracey Gainforth,**  
*Resource Development Coordinator<sup>3</sup>*
- Lisa Middleton,**  
*Know Your Rights Project Officer<sup>4</sup>*
- Elicia Loiselle,**  
*Health Educator, CHN Project<sup>2</sup>*
- Alex Adams,**  
*Information Specialist, CHN Project<sup>2</sup>*
- Joanna Simpson,**  
*Health Promotions Officer, CHN Project<sup>4</sup>*
- Miriam Lyon,**  
*Project Officer, CHN Project<sup>4</sup>*
- Zoe Mallett,**  
*Information Specialist CHN Project<sup>4</sup>*

1 Began a maternity leave  
 2 Resigned from her position during the year  
 3 Hired during the year  
 4 Left the organization due to the completion of the project

#### Scholarships

**The Phyllis Harris Scholarship Winner**  
 Cassandra Jones

**John and Lois Lamont Graduate Scholarship Winner**  
 Vanessa Dixon

**Janssen Ortho Volunteer of the Year Award**  
 Lindsay Falt, a volunteer at the Halifax Sexual Health Centre.

**Bentley Award**  
 Planned Parenthood Edmonton for their "Summer Lovin' Condom Crew" campaign.

**Future Choice Scholarship**  
 Lauren Brodie